



Allergen Menu Information

Click on menus below

Cold Buffets

FE cold finger buffet
FE healthy & vegetarian options
FE vegetarian cold finger buffet

Hot Food

FE bowl food
FE 3 course set sit down meal
FE Golden Star seated meal

Hot Buffets

FE hot & cold finger buffet 1
FE hot & cold finger buffet 2
FE vegetarian hot & cold finger buffet
FE knife and fork hot & cold buffet
FE vegetarian knife and fork buffet
FE 2 course buffet 1

Desserts

FE desserts

Christmas

FE Christmas cold buffet
FE Christmas hot & cold buffet 1
FE Christmas hot & cold buffet 2
FE Christmas hot & cold knife and fork buffet
FE Christmas canapés
FE Christmas Golden Star seated meal
FE Christmas traditional meal

BBQ's

FE BBQ 1
FE BBQ 2
FE salads, substitutions & extras

Canapés

FE canapés

Breakfast & Afternoon Tea

FE breakfast baps
FE continental breakfast
FE afternoon tea

FE Cold Finger Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Egg mayo sandwich		✓	✓						✓		
Cheese and pickle sandwich		✓	✓			✓			✓		
Tuna and mixed peppers sandwich		✓	✓	✓							
Smoked salmon and cream cheese sandwich		✓	✓	✓							
Coronation chicken sandwich		✓	✓		✓	✓					
Chicken and stuffing sandwich		✓	✓		✓						
Cream cheese and red onion chutney sandwich		✓	✓						✓		
Savoury tartlets	May contain traces	✓	✓		May contain traces	✓			✓		
Cocktail sausage rolls		✓	✓								
Chicken satay		✓									
Mini beef pasties		✓	✓								
Mediterranean bruschetta		✓	✓		May contain traces				✓		
Southern fried chicken goujons	May contain traces	✓	✓		May contain traces						
Sweet potato falafel		✓				✓			✓	✓	
Crudités									✓	✓	✓
Pitta		✓							✓	✓	
Tortilla chips		May contain traces							✓	✓	
Hoi sin sauce		✓			✓				✓	✓	
BBQ dip									✓	✓	✓
Mint raita			✓						✓		✓
Guacamole			✓						✓		✓
Hummus					✓				✓	✓	✓
Tzatziki			✓						✓		✓
Salsa									✓	✓	✓

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FE Healthy and Vegetarian Options

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FE Healthy and Vegetarian Options Cont..

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Rice salad									✓	✓	✓
Capresse salad			✓						✓		✓
Greek salad			✓						✓		✓
Avocado salad									✓	✓	✓
Watermelon salad			✓						✓		✓
Penne Caesar salad		✓	✓						✓		

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[BACK TO TOP](#)

FE Vegetarian Cold Finger Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Filled buffet Rolls		✓	✓	May contain traces					✓		
Vegetarian satay	✓	✓	✓						✓		
Hoi sin dip		✓			✓				✓	✓	
Mini savoury quiche		✓	✓						✓		
Spinach & feta goujons		✓	✓						✓		
Mediterranean bruschetta		✓	✓		May contain traces				✓		
Vegetable crolines	✓	✓	✓		✓	✓	May contain traces	May contain traces	✓		
Butternut squash & quinoa croquettes		✓	✓				May contain traces	May contain traces	✓		
Crudités									✓	✓	✓
Goat's cheese & spinach frittata bites			✓						✓		✓
Pitta		✓							✓	✓	
Tortilla chips		May contain traces							✓	✓	
Guacamole			✓						✓		✓
Salsa									✓	✓	✓
Hummus					✓				✓	✓	✓

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[BACK TO TOP](#)

FE Hot and Cold Finger Buffet 1

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Egg mayo roll		✓	✓						✓		
Cheese and pickle roll		✓	✓			✓			✓		
Tuna and mixed peppers roll		✓	✓	✓							
Smoked salmon and cream cheese roll		✓	✓	✓							
Coronation chicken roll		✓	✓		✓	✓					
Chicken and stuffing roll		✓	✓		✓						
Cream cheese and red onion chutney roll		✓	✓						✓		
Chicken satay		✓									
Hoi sin sauce		✓			✓				✓	✓	
Mini Savoury quiche		✓	✓		✓				✓		
Mini muffins		✓	✓						✓		
BBQ chicken wings											✓
Oriental filo prawns		✓		✓							
Sweet & sour sauce									✓	✓	
Spring rolls	✓	✓			✓				✓	✓	
Sweet chilli dip									✓	✓	✓
Sweet potato fries		✓							✓	✓	
Sour cream & chive dip			✓						✓		✓
Mini desserts		✓	✓		✓		May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Hot and Cold Finger Buffet 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Egg mayo wraps		✓	✓						✓		
Cheese and pickle wraps		✓	✓			✓			✓		
Tuna and mixed peppers wraps		✓	✓	✓							
Smoked salmon and cream cheese wraps		✓	✓	✓							
Coronation chicken wraps		✓	✓		✓	✓					
Chicken and stuffing wraps		✓	✓		✓						
Cream cheese and red onion chutney wraps		✓	✓						✓		
Marinated chicken kebab											✓
Salmon & cream cheese bagels		✓	✓	✓							
Savoury tartlets	May contain traces	✓	✓			✓		May contain traces	✓		
Cheese & caramelised onion shells		✓	✓						✓		
Mini cheeseburger with red onion chutney		✓	✓		✓						
Tempura prawns		✓	✓	✓							
Sweet chilli dip					May contain traces		✓	✓	✓	✓	✓
Mango & brie parcels		✓	✓						✓		
Buckets of fries		✓							✓	✓	
Tomato sauce									✓	✓	✓
Mayo			✓						✓		✓
Selection of cheeses			✓						✓		✓
Biscuits		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Chutney									✓	✓	✓
Mini desserts		✓	✓		May contain traces		May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Vegetarian Hot & Cold Finger Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Tortilla wraps		✓	✓	May contain traces					✓		
Mediterranean bruschetta		✓	✓		May contain traces				✓		
Crudités	✓	✓							✓	✓	✓
Pitta		✓							✓	✓	
Guacamole			✓						✓		✓
Salsa									✓	✓	✓
Hummus					✓				✓	✓	✓
Cheese & tomato pastry rolls		✓	✓						✓		
Savoury tartlets	✓	✓	✓		May contain traces	✓		May contain traces	✓		
Spring rolls	✓	✓			✓				✓	✓	
Sweet chilli dip					May contain traces		✓	✓	✓	✓	✓
Samosa	✓	✓			✓				✓	✓	
Plum sauce		✓			✓				✓	✓	
Beetroot & goat's cheese frittata		✓	✓						✓		
Spiced potato wedges									✓	✓	✓
BBQ dip									✓	✓	✓
Sour cream dip			✓						✓		✓
Mini macaroons		✓	✓				May contain traces	May contain traces	✓		
Mini eclairs		✓	✓				May contain traces	May contain traces	✓		
Mini cream slices		✓	✓				May contain traces	May contain traces	✓		
Mini fruit tarts		✓	✓		May contain traces		May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Knife and Fork Hot & Cold Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Breadsticks		✓							✓	✓	
Smoked salmon blini with cream cheese		✓	✓	✓							
Thai crab cakes with sweet chilli		✓		✓							
Poached salmon with a sweet chilli glaze					May contain traces		✓	✓			✓
Coronation chicken	May contain traces	May contain traces	✓		May contain traces						
Mixed leaf salad									✓	✓	✓
Greek salad									✓	✓	✓
Lasagne	✓	✓	✓								
Chicken tikka masala			✓								✓
Penne Arrabbiata		✓							✓	✓	
Profiteroles		✓	✓				May contain traces	May contain traces	✓		
New York cheesecake		✓	✓				May contain traces	May contain traces	✓		
Fresh fruit									✓	✓	✓

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[BACK TO TOP](#)

FE Vegetarian Knife & Fork Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Breadsticks		✓							✓	✓	
Cream cheese & red onion blinis		✓	✓							✓	
Mini spring rolls	✓	✓							✓	✓	
Sweet chilli sauce					May contain traces		✓	✓	✓	✓	✓
Roasted vegetable cous cous		✓			✓				✓		
Coleslaw			✓						✓		✓
Beetroot, walnut & brie salad			✓				May contain traces	✓	✓		✓
Tomato & onion salad									✓	✓	✓
Mediterranean breads		✓	✓						✓		
Roasted vegetable lasagne	✓	✓	✓						✓		
Vegetable curry & basmati rice									✓	✓	✓
Tangy lemon tart		✓	✓				May contain traces	May contain traces	✓		
Fruit crumble		✓	✓				May contain traces	May contain traces	✓		
Fresh double cream			✓						✓		✓
Fresh fruit									✓	✓	✓

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[BACK TO TOP](#)

FE 2 Course Buffet 1

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Mixed olives and cheesy breadsticks		✓	✓		✓		May contain traces	May contain traces	✓		
Ham											✓
English mustard		✓							✓	✓	
Chicken											✓
Poached Scottish salmon				✓							✓
Lemon & dill mayonnaise			✓						✓		✓
Prawn cocktail with Marie rose sauce	✓	✓	✓	✓	✓						✓
Savoury quiche		✓	✓						✓		
Greek Salad			✓						✓		✓
Roasted vegetable couscous		✓			✓	✓			✓	✓	
Coleslaw			✓						✓		✓
Mixed leaf salad with									✓	✓	✓
French dressing					✓				✓	✓	✓
New potatoes with sour cream			✓						✓		✓
Profiteroles		✓	✓				May contain traces	May contain traces	✓		
Hot chocolate sauce			✓						✓		✓
Lemon tart with raspberries & fruit coulis		✓	✓				May contain traces	May contain traces	✓		
Fresh fruit salad									✓	✓	✓
Fresh cream			✓						✓		✓

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[BACK TO TOP](#)

FE BBQ Menu 1

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Quarter pounder beef burgers		✓	✓		✓						
Brioche bun		✓	✓				May contain traces	May contain traces	✓		
Pork sausages		✓									
Onion relish		✓			✓				✓		
Hotdog rolls		✓	May contain traces				May contain traces	May contain traces	✓		
Cajun spiced chicken & pepper kebabs											✓
BBQ chicken wings											✓
Vegetarian/ vegan platter to include burgers and sausages	May contain traces	✓							✓	✓	
Chargrilled halloumi			✓						✓		✓
Mixed leaf salad with pepper, cherry tomatoes & cucumber									✓	✓	✓
Greek salad			✓						✓		✓
Creamy coleslaw			✓						✓		✓
Potato salad			✓						✓		✓
Cheese slices			✓						✓		✓
Tomato sauce									✓	✓	✓
BBQ sauce									✓	✓	✓
Mayo			✓						✓		✓
Mustard		✓			✓				✓	✓	
Salad dressing					✓				✓	✓	✓

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[BACK TO TOP](#)

FE BBQ Menu 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Aberdeen angus quarter pounder beef burger		✓	✓								
Brioche bun		✓	✓				May contain traces	May contain traces	✓		
Cumberland sausages served with onion		✓									
Hotdog rolls		✓	May contain traces				May contain traces	May contain traces	✓		
Lamb chops & cutlets cooked in a mint marinade						✓					✓
Salmon fillet with a teriyaki glaze		✓		✓	✓	✓					
Piri piri chicken kebabs											✓
Vegetarian/ vegan platter to include burgers & sausages		✓			✓				✓	✓	
Chargrilled halloumi			✓						✓		✓
Mixed leaf salad with tomato, onion and peppers with a herb dressing					✓				✓	✓	✓
Greek Salad			✓						✓		✓
Penne Caesar salad		✓	✓						✓		
Creamy apple coleslaw			✓						✓		✓
New potato salad			✓						✓		✓
Cheese slices			✓						✓		✓
Tomato sauce									✓	✓	✓
BBQ sauce									✓	✓	✓
Mayo			✓						✓		✓
Mustard		✓			✓				✓	✓	
Salad dressing					✓				✓	✓	✓

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[BACK TO TOP](#)

FE BBQ salads, substitutions and extras

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Rice salad									✓	✓	✓
Capresse salad			✓						✓		✓
Greek salad			✓						✓		✓
Avocado salad									✓	✓	✓
Watermelon salad			✓						✓		✓
Penne Caesar salad		✓	✓						✓		
King prawn kebabs				✓							✓
Marinated belly of pork											✓
BBQ ribs											✓
Lamb chops in a minted marinade						✓					✓
BBQ chicken wings											✓
Pork & apple sausages		✓									
Cumberland sausages		✓									
Chicken sausages		✓									

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[BACK TO TOP](#)

FE Canapé Menu

Page 1 of 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Smoked salmon blinis		✓	✓	✓							
Cheddar wrapped in serrano ham			✓								✓
Prawn & crab croustade	✓	✓	✓	✓	✓						
Butternut squash & quinoa croquettes		✓	✓						✓		
Sausage rolls		✓	✓								
Crostini	✓	✓	✓	✓	✓	✓					
Chicken satay		✓									
Hoi sin sauce		✓			✓				✓	✓	
Sushi			✓	✓	✓						✓
Soy sauce		✓			✓				✓		
Tartlets	✓	✓	✓		✓				✓		
Crudités									✓	✓	✓
Hummus					✓				✓	✓	✓
Salsa									✓	✓	✓
Guacamole			✓						✓		✓
Chicken tikka			✓								✓
Mint raita			✓						✓		✓
Goats cheese & beetroot crostini		✓	✓						✓		
Sweet chilli prawn				✓							✓
Smoked salmon, rocket & cream cheese roulade			✓	✓							✓
Mozzarella kebab with sundried tomato & basil			✓						✓		✓
Coronation chicken boats		✓					✓				
Spinach & feta frittata			✓						✓		✓
Mini samosa	✓	✓							✓	✓	
Plum sauce		✓			✓				✓	✓	
Mini spring rolls	✓	✓							✓	✓	
Sweet chilli sauce					May contain traces		✓	✓	✓	✓	✓

[BACK TO TOP](#)

FE Canapé Menu

page 2 of 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Mini fish & chips		✓	✓	✓							
Mini beef burgers with tomato relish		✓	✓		✓						
Mango & brie parcels		✓	✓			✓			✓		
Coconut breaded prawns	✓	✓	✓	✓	✓						
Haddock, leek & cheddar fishcake		✓	✓	✓							
Marinated belly pork											✓
Battered calamari		✓		✓							
Tartar sauce			✓		✓				✓		✓
Lamb kofta		✓	✓								
Mint raita			✓						✓		✓
Cocktail sausages in sesame & honey		✓			✓						
Haddock goujons		✓	✓	✓							
Chicken yakatori	✓	✓	✓		✓						
Mini Thai crab cakes	✓	✓	✓	✓							
Sweet chilli dip					May contain traces		✓	✓	✓	✓	✓
Mini Yorkshire puddings, beef & horseradish		✓	✓		✓	✓					
Sweet potato bites									✓	✓	✓
Potato rosti bites with onion chutney									✓	✓	✓
Oriental filo prawns		✓		✓	✓						
Hoi sin dip		✓			✓				✓	✓	

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[BACK TO TOP](#)

FE Breakfast Baps

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Bacon & sausage baps		✓	✓								
Tomato sauce									✓	✓	✓
Brown sauce		✓							✓	✓	

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[BACK TO TOP](#)

FE Continental Breakfast

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Continental cheeses		✓	✓						✓		
Continental meats											✓
Danish pastries		✓	✓						✓		
Croissants		✓	✓						✓		
Greek yogurt & fresh fruit			✓						✓		✓
Biscuit selection		✓	✓				May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Afternoon Tea

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Tuna sandwich		✓	✓	✓							
Smoked salmon & cream cheese sandwich		✓	✓	✓							
Cheese sandwich & caramelised onion		✓	✓						✓		
Honey roasted ham sandwich		✓									
Coronation chicken sandwich		✓	✓					May contain traces			
Savoury tartlets	✓	✓	✓		✓	✓		✓	✓		
Scones		✓	✓				May contain traces	May contain traces	✓		
Clotted cream			✓						✓		✓
Preserves									✓	✓	✓
French macarons		✓	✓				May contain traces	May contain traces	✓		
Mini Victoria sponge		✓	✓				May contain traces	May contain traces	✓		
Mini Battenberg		✓	✓				May contain traces	May contain traces	✓		
Mini red velvet		✓	✓				May contain traces	May contain traces	✓		
Mini black forest		✓	✓				May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Bowl Food

Page 2 of 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Strawberries									✓	✓	✓
Clotted cream			✓						✓		✓
Profiteroles		✓	✓				May contain traces	May contain traces	✓		
Chocolate sauce			✓		✓				✓		✓
White chocolate & raspberry cheesecake		✓	✓		✓		May contain traces	May contain traces	✓		
Mini patisserie selection		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Apple & cinnamon crumble		✓	✓				May contain traces	May contain traces	✓		
Custard			✓						✓		✓
Bread & butter brioche		✓	✓				May contain traces	May contain traces	✓		
Crème anglaise			✓						✓		✓
Jam roly poly		✓	✓				May contain traces	May contain traces	✓		
Custard			✓						✓		✓

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[BACK TO TOP](#)

FE 3 Course Set Sit Down Meal

Starter and Main Course

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Tomato & basil soup									✓	✓	✓
Leek & potato soup			✓						✓		✓
Minestrone soup		✓							✓	✓	
Cream of mushroom	✓		✓						✓		✓
Salmon terrine		May contain traces	May contain traces	✓							
Sweet chutney									✓	✓	✓
Crispbread		✓							✓	✓	
Tricolour of melon									✓	✓	✓
Prawn cocktail	✓		✓	✓	✓						✓
Salmon and roasted pepper fishcake		✓	✓	✓	May contain traces						
Sweet chilli Sauce					May contain traces		✓	✓	✓	✓	✓
Lamb shank			✓			✓					✓
Red wine and rosemary jus						✓					✓
Creamed potatoes			✓						✓		✓
Chicken forrestierre with new potatoes			✓								✓
Medallions of beef			✓								✓
Horseradish and juniper jus			✓		✓	✓			✓		✓
Pork belly			✓								✓
Cider jus						✓					✓
Poached salmon in white wine		✓	✓	✓	✓	✓					
Vegetarian sausage & mash		✓	✓		✓	✓			✓		
Onion gravy		✓			✓				✓		
Caramelised onion & goats cheese tart		✓	✓						✓		
Mushroom brie & redcurrant parcel		✓	✓						✓		

[BACK TO TOP](#)

FE 3 Course Set Sit Down Meal

Dessert Course

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
White chocolate & raspberry cheesecake		✓	✓		✓		May contain traces	May contain traces	✓		
Fruit coulis									✓	✓	✓
Profiteroles		✓	✓				May contain traces	May contain traces	✓		
Chocolate sauce			✓		✓				✓		✓
Apple lattice pie		✓	✓				May contain traces	May contain traces	✓		
Fresh fruit									✓	✓	✓
Fresh cream			✓						✓		✓
Lemon tart		✓	✓				May contain traces	May contain traces	✓		
Black forest roulade		✓	✓				May contain traces	May contain traces	✓		
Triple chocolate mouse			✓		✓		May contain traces	May contain traces	✓		✓
Custard			✓						✓		✓
Selection of cheeses			✓						✓		✓
Biscuits		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Chutney									✓	✓	✓

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[BACK TO TOP](#)

FE Golden Star Seated Meal

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Caprese kebab			✓						✓		✓
Tricolour of melon balls									✓	✓	✓
Prawn cocktail pastry bites		✓	✓	✓							
Roast chicken											✓
Sausage wrapped in bacon											✓
Stuffing		✓							✓	✓	
Roasted potatoes									✓		✓
Fresh seasonal vegetables									✓	✓	✓
Rich gravy									✓	✓	✓
New York baked cheesecake									✓		
Raspberry coulis											
Apple Lattice		✓	✓				May contain traces		✓		
Cream			✓						✓		
Fresh fruit salad									✓	✓	✓

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[BACK TO TOP](#)

FE Desserts

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Mature cheddar			✓						✓		✓
Smoked cheese			✓						✓		✓
Brie			✓						✓		✓
Stilton			✓						✓		✓
Port salut			✓						✓		✓
Cranberry & wensleydale			✓						✓		✓
Biscuits		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Celery	✓								✓	✓	✓
Grapes									✓	✓	✓
Chutney									✓	✓	✓
Fruit platter									✓	✓	✓
Apple Lattice		✓	✓				May contain traces		✓		
New York Cheesecake		✓	✓				May contain traces		✓		
White chocolate & raspberry cheesecake		✓	✓				May contain traces		✓		
Cream			✓						✓		
Mini cheesecakes		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Petit fours		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Mini fruit tartlets		✓	✓		May contain traces		May contain traces	May contain traces	✓		
Mini eclairs		✓	✓		May contain traces		May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Cold Christmas Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Selection of sandwiches		✓									
Pigs in blankets		✓									
Cheese croquettes		✓							✓		
Cranberry dip									✓		✓
Homemade rosemary topped sausage rolls		✓	✓								✓
Festive filled Vol au Vents		✓	✓	some					some		
Southern fried chicken fillets		✓									
BBQ dip											✓
Assorted mini tartlets		✓							✓		
Tortilla crisps									✓	✓	✓
Pitta bread		✓							✓	✓	
Dip selection									✓	✓	✓
Mini mince pies							May contain traces	May contain traces	✓		
Festive sweets							May contain traces	May contain traces	✓		

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[BACK TO TOP](#)

FE Christmas Hot & Cold Buffet 1

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Assorted rolls		✓	✓	✓							
Festive pastry bites – cream cheese & chutney											
Festive pastry bites – turkey & stuffing											
Festive pastry bites – Prawn cocktail											
Mini assorted tartlets		✓	✓						✓		
Chicken tikka											
Mini yogurt dip											
Duck spring rolls		✓									
Hoi sin sauce		✓			✓				✓	✓	
Roast beef & horseradish Yorkshire puddings		✓	✓								
Potato rosti									✓	✓	✓
Sour cream and chive			✓						✓		✓
Sweet and sour sauce									✓	✓	✓
Cod goujons with tartar		✓	✓	✓							
Buckets of skin on fries									✓	✓	
Mini mince pies		✓						✓	✓		
Festive sweets		✓						✓	✓		

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[BACK TO TOP](#)

FE Christmas Hot & Cold Buffet 2

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Selection of tortilla wraps		✓	✓	✓							
Mini smoked salmon and cream cheese bagels		✓	✓	✓							
Marinated chicken kebabs											✓
Prawn cocktail baskets		✓	✓	✓							
Feta & red onion chutney baskets		✓	✓						✓		
Mango and brie parcels		✓	✓						✓		
Mini beef burgers		✓	✓								
Relish		✓			✓				✓		
Cocktail sausage in honey and sesame											✓
Buckets of sweet potato fries									✓	✓	✓
Sour cream and chive dip			✓						✓		✓
Mini mince pies		✓					May contain trace	May contain trace			
Festive sweets		✓					May contain trace	May contain trace			

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[BACK TO TOP](#)

FE Christmas Hot & Cold Knife and Fork Buffet

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Assorted blini's		✓	✓	✓							
Cocktail spring rolls		✓							✓	✓	
Mini chicken kebabs											✓
Hand cut turkey											✓
Hand cut gammon											✓
Roast beef											✓
Spinach and goat's cheese tarts		✓	✓						✓		
Traditional coleslaw			✓						✓		✓
Tomato, onion and basil in balsamic glaze									✓	✓	✓
Greek Salad			✓						✓		✓
Mixed leaf salad with mixed peppers and dressing									✓	✓	✓
Hot pigs in blankets											✓
Goose fat roasted potatoes											✓
Mixed bread basket		✓	✓								
Deep baked apple lattice		✓					May contain trace	May contain trace	✓		
New York cheesecake with fresh berries		✓					May contain trace	May contain trace	✓		
Fresh fruit salad									✓	✓	✓
Fresh cream									✓		✓
Mini mince pies		✓					May contain trace	May contain trace	✓		
Festive sweets		✓					May contain trace	May contain trace	✓		

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[BACK TO TOP](#)

FE Christmas Canapés

(page 1 of 2)

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Mini smoked salmon bagels		✓	✓	✓							
Assorted crostini		✓	✓	✓							
Caprese kebabs			✓						✓		✓
Smoked salmon blinis		✓	✓	✓							
Feta and marmalade bruschetta		✓	✓						✓		
Assorted sushi			✓	✓	✓						✓
Vegetarian/Vegan sushi		✓			✓				✓	✓	
Mini filled vol-au-vents		✓	✓	✓							
Assorted topped brioche		✓	✓						✓		
Cocktail pork pies with caramelised red onions		✓	✓								
Mini tartlets		✓	✓								
Cheddar wrapped in serrano ham			✓								✓
Prawn & crab croustade		✓	✓	✓							
Butternut squash and quinoa croquettes									✓	✓	✓
Homemade sausage rolls		✓	✓								
Crudités and pitta		✓							✓		
Hummus									✓		✓
Salad									✓		✓
Guacamole									✓		✓
Turkey & cranberry mini-Yorkshire puddings		✓									
Mini fish & chip cones		✓	✓	✓							
Calamari		✓	✓	✓							
Tartar sauce			✓		✓				✓		✓
Haddock goujons with lemon & pepper		✓	✓	✓							
Cranberry & brie wontons		✓	✓						✓		
Cracker style duck spring rolls		✓									
Mini roast beef Yorkshire puddings		✓	✓								
Cocktail sausages wrapped in bacon											✓
Cranberry dip											✓
Cocktail sausage in sesame & honey					✓						✓

FE Christmas Canapés

(page 2 of 2)

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Mini spring rolls with sweet chilli dip		✓							✓	✓	
Mini lamb samosas		✓									
Mini lamb kofta											✓
Mini cheddar soufflettes		✓	✓						✓		
Coconut breaded prawn skewers		✓		✓							
Marinated belly of pork											✓
Warmed mince pies		✓	✓						✓		
Mini Iced Christmas Cake		✓	✓						✓		

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FE Christmas Golden Star Seated Menu

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Caprese kebab			✓						✓		✓
Tricolour of melon balls									✓	✓	✓
Prawn cocktail pastry bites		✓	✓	✓							
Traditional roast turkey											✓
Sausage wrapped in bacon											✓
Stuffing		✓							✓	✓	
Roasted potatoes									✓		✓
Fresh seasonal vegetables									✓	✓	✓
Rich gravy									✓	✓	✓
Fresh cream Christmas log		✓	✓						✓		
Fresh fruit salad									✓	✓	✓

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[BACK TO TOP](#)

FE Christmas Traditional Meal

Menu item	Does it contain								Are these suitable for		
	Celery / celeriac	Gluten inc. cereals	Dairy (milk/ eggs)	Fish (inc. crustacea & molluscs)	Lupins (inc. mustard/ sesame /soybeans)	Sulphites	Peanuts	Other nuts	Vegetarian	Vegan	Gluten free
Bread roll and butter		✓	✓						✓		
Tomato and basil soup									✓	✓	✓
Leek and potato soup			✓						✓		✓
Minestrone soup	✓	✓							✓	✓	
Cream of mushroom soup			✓						✓		✓
Prawn cocktail			✓	✓	✓						✓
Tricolore of melon served with forest fruits									✓	✓	✓
Traditional roast turkey served with sausages wrapped in bacon											✓
Sage and onion stuffing balls		✓									
Rich wine gravy		✓									
Vegetarian quorn roast served			✓						✓		✓
vegetarian chipolatas		✓							✓		
Vegetable gravy		✓							✓	✓	
Poached salmon fillet				✓							✓
White wine and chive sauce		✓									
Brie and cranberry filo parcels		✓	✓						✓		
Roast potatoes									✓	✓	✓
Fresh vegetable medley									✓	✓	✓
Christmas pudding and mini mince pie		✓					May contain traces	✓	✓		
Brandy cream			✓						✓		✓
Deep filled apple lattice pie		✓	✓				May contain traces	May contain traces	✓		
Homemade custard			✓						✓		✓
Fresh fruit salad									✓	✓	✓
Fresh cream									✓		✓

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[BACK TO TOP](#)